



Wa Shin Ryu Jujutsu

Universal Policies & Guidelines

(for UNM, Sandia Budokan and all other WSR Clubs)

Andrew Yiannakis, Ph.D., Founder (Ryuso) and Head of System (Soke)
8th Dan Jujutsu (USJJF), 6th Dan Judo (USA-TKJ)
Chair, Traditional Jujutsu Committee of the USJJF
Director, HESS Institute of Traditional Martial Arts, UNM

Wa Shin Ryu Black Belts (active)

- **Dr. Greg Kane, sensei, 5th Dan (Menkyo Chuden - Licensed Advanced Professional Instructor and Award For Excellence)**
- **Linda Yiannakis, sensei, 5th Dan (Menkyo Chuden - Licensed Advanced Professional Instructor)**
- **Kostas Dervenis, sensei, 5th Dan (Menkyo Shoden - Licensed Professional Instructor - Greece)**
- **Dr. Robert Baker, sensei, 4th Dan (Menkyo Chuden - Licensed Advanced Professional Instructor (Menkyo Chuden) and Award For Excellence)**
- **Martin Overfield, sensei, 4th Dan (Menkyo Chuden - Licensed Advanced Professional Instructor and Award For Excellence)**
- **Dr. Justin Schaefer, sensei, 3rd Dan (Menkyo Shoden - Licensed Professional Instructor and Award For Excellence)**
- **Amber Selko, sensei, 3rd Dan (Menkyo Shoden - Licensed Professional Instructor and Award For Excellence)**
- **Robert Malakhov, sensei, 3rd Dan (Menkyo Shoden - Licensed Professional Instructor and Award for Excellence, NM)**
- **Craig Thomas, sensei, 2nd Dan (Menkyo Shoden - Licensed Professional Instructor and Award For Excellence, CT)**

- **Josh Cooper, sensei, 2nd Dan (Menkyo Shoden - Licensed Professional Instructor and Award For Excellence, CT)**
- **Trevor Turbov, sensei, 2nd Dan (Menkyo Shoden - Licensed Professional Instructor and Award For Excellence, NM)**
- **Cody Bassett, sensei, 2nd Dan (Menkyo Shoden - Licensed Professional Instructor and Award for Excellence, NM)**
- **Keith Mellor, sensei, 2nd Dan (Licensed Club Instructor and Award For Excellence, NM)**
- **Mark Fraser, sensei, 2nd Dan (Licensed Assistant Instructor, NM)**
- **Nikos Pappas, sensei, 2nd Dan (Licensed Assistant Instructor - Greece)**
- **Shalom Dawit, sensei, 1st Dan (Licensed Club Instructor and Award For Excellence, CT)**
- **Dr. Muiyiwa Oluwasanmi, sensei, 1st Dan (Licensed Club Instructor and Award for Excellence, CA)**
- **Bennett Poulin, sensei, 1st Dan (Licensed Club Instructor and Award for Excellence, NM)**
- **Thomas Mango, sensei, 1st Dan (Licensed Club Instructor, CT)**

About This Document

This document explains the Universal Policies and Guidelines of Wa Shin Ryu Jujutsu. It applies to ALL clubs and Instructors in the USA, and in other countries where Wa Shin Ryu may be taught. However, **Instructors have the authority to modify aspects of this document to suit their own particular situation and circumstances.**

The document also addresses certain special areas such as brown and black belt promotions and teaching licenses, among other items. All participants in WSR must be at least 16 years of age and possess liability/injury insurance. Current **Promotion Guidelines** may be found on page 13 of this document.

Remaining In Good Standing In Wa Shin Ryu Jujutsu **Basic Requirements**

1. All WSR instructors and students in the US are **required to carry liability and accident insurance (varies by region)**. Information available from your Sensei. No black belt Instructor may teach Wa Shin Ryu Jujutsu anywhere in the US without personal insurance coverage (liability and injury) from their university, or through private personal insurance.
2. In order to teach in one's own club an Instructor must possess, at a minimum, a Club Instructor Teaching License awarded by Sensei.
3. **All brown and black belts** in Wa Shin Ryu Jujutsu in the US and elsewhere **must be registered members of the USJJF**. This may be done online at usjff.org.

4. All promotion recommendations in WSR go through the Head Office at the University of New Mexico. Once approved, candidates receive a WSR Rank Certificate and a patch from Sensei. Unregistered club promotions are invalid and may NOT be issued to students by any WSR Instructor.
5. All ranked students in WSR are required to wear the System Patch and the correct belt. Students may not wear their WSR belt without the System Patch, or the WSR patch without the correct belt.
6. Instructors may charge club dues as they see fit. No percentage of the money collected is expected, or required, to be sent to Sensei in New Mexico (a common practice in many martial arts which are run as a business).
7. All Instructors, and brown and black belts are **required** to possess the following:
 - (i) First Aid/AED and CPR Certification**
 - (ii) Concussion Certification**
 - (iii) Membership in USJJF**
8. All Instructors are expected to enforce WSR Policies and Guidelines so far as these are applicable to specific clubs and circumstances. However, hygiene and safety practices are to be strictly adhered to. For example, all students and Instructors are required to wear zori (flip-flops) from the dressing room to the mat area. It is also strongly recommended that everyone wears volleyball style knee pads for added protection.
9. Upon receiving the Award For Excellence (typically at Nidan or Sandan level) candidates are required to wear the Wa Shin Ryu Tattoo on their left forearm.
10. All Instructors who run their own clubs are encouraged to develop their own **Policies and Guidelines** to suit their own specific circumstances. These should be available to all their students online. However, the basic structure and requirements in our Universal Policies & Guidelines (v15.4) should be adhered to as far as this is possible

Wa Shin Ryu Jujutsu in New Mexico

Location: Albuquerque, New Mexico

We hold three classes for credit at UNM, and several workouts at a local private club called Sandia Budokan, 2203 Silver Ave SE, Albuquerque, NM. Currently, we have approximately 90 students involved in WSR in New Mexico.

Class Days, Times and Instructors at Sandia Budokan and UNM

Classes are held as follows:

Day	Time	Instructor	Level
Mondays	7.15pm-9.15 pm	Robert Malakhov	Interm
Wednesdays	7.15-9.15pm	Bennett Poulin	Interm
Saturdays	2.00-5pm (alternating Saturdays)	Various black belts Andrew Yiannakis	*Open Sessions (SOS) Advanced (2-4.15 pm)
Saturdays	4-15-5.30	Andrew Yiannakis	All-Black Belt****
Tues/Thurs at UNM	9.30am, 2pm and 3.30pm	Andrew Yiannakis Martin Overfield	

IMPORTANT NOTE: At SB another class ends at 7pm on Mon/Wed so please do not enter the dojo before 7.05pm

*** Supervised Open Sessions (see below)**

****** All black belt sessions are Open to Nikyu and Ikkyu holders**

About Supervised Open Sessions (SOS)

ALL sessions begin at 2pm and may go until 5pm (if there is interest). *Sign-up is required FIVE days in Advance. Late Cancellation Penalties apply.*

There is no mat fee for club members (except for Advanced Saturday Seminars)

1. Such sessions will serve as supervised open sessions where students may come and practice any jujutsu skills they feel need more work.
2. Such sessions may also be used for light sparring (randori).
3. These sessions will NOT be used for formal teaching and the designated black belt Supervisor will not devote any time to helping students or teach. For liability reasons the Supervisor must remain alert and vigilant and keep an eye on everything going on in the dojo. Other black belts

(and Ikkyu holders) who choose to attend these sessions may teach individuals, or small groups of students, if so requested.

4. Students must arrive by 2pm but may leave any time they choose to do so.
5. The Supervisor is also responsible for all closing procedures and activities (vacuuming, ensuring all lights are out, locking up the dojo, etc.).

These alternating Saturday sessions (SOS) may also be used as follows:

1. Testing students for promotion
2. Practicing for demo's and special events
3. Use for handgun disarming classes
4. Use to teach the bokken
5. Use for filming
6. Special Events, etc.
7. For supervised free practice

The designated SOS Supervisor will be responsible for announcing these sessions by email FIVE DAYS in Advance. Students interested in attending must sign up with the SOS Supervisor (not with Sensei) by noon on the Friday before the session.

How To Reach Our Instructors in New Mexico

Andrew Yiannakis (ayiann@unm.edu or ayiann.jujutsu@gmail.com)

Martin Overfield (wsrjmartinco@gmail.com)

Robert Malakhov (rravanger@gmail.com)

Keith Mellor (kmellor@unm.edu)

Cody Bassett (cody.jujutsu@gmail.com)

Bennett Poulin (bpoulin@unm.edu)

Sandia Budokan - Club Dues

1. Current Beg/Interm/Adv Students in UNM Classes

who may attend up to **10-12** workouts a month ... **\$25/month** + \$21 annual insurance

2. All Students in General

(up to 10-12 workouts a month) **\$35/month** + \$21 annual insurance

3. Non Students

Up to **10-12** workouts a month (includes Adv. Sats with \$5 mat fee)

\$45/month + \$21 annual insurance

4. Family or Couples Plan.....

1st member pays full amount and second member pays 50% of full amount + \$21 annual insurance **each**

5. **Advanced Saturday Seminars (with Andrew Sensei)**

Appropriate monthly dues, \$21 annual insurance and a mat fee of **\$5** per person for club members. Attendance restricted to students who hold rank in Wa Shin Ryu and invited advanced black belts. The fee for non-members is **\$7**, contingent upon having completed the UNM Beginner or Intermediate Jujutsu Class. Students currently registered in a UNM JJ class for credit may pay a \$5 mat fee per workout.

6. **SOS**** (Supervised Open Sessions). Students Registered in UNM Jujutsu Classes **who are not club members** may attend SOS sessions by paying a **\$4** mat fee per session and **\$21** annual insurance. **SOS sessions are free to club members.**

NOTE: UNM Beginners, to receive credit for these sessions you must work out for at least the same amount of time as your UNM credit class (1.5 hrs per session)

7. **Pay-As-You-Go Plan (for non-club members).** Students are **NOT** required to join Sandia Budokan to attend classes. However, they are required to pay \$21 for annual insurance and a **\$4 mat fee for Monday or Wednesday classes, and \$5 for Advanced Saturdays.** This privilege is only available to students who are registered in the UNM Beginner*** or Intermediate classes. Individuals from other systems who hold a **brown belt, or higher**, in jujutsu (or judo) may join the club and pay monthly dues, or they can go on the Pay-As-You-Go Plan for **\$7** per workout.

*** Open to Beginners in UNM classes in second half of the semester

8. **Occasional Advanced Guests** (must be black belts) **\$6 mat fee**

NOTE: Students (non-club members) who **are signed up in UNM Jujutsu for credit** are not expected to pay monthly club dues unless they choose to attend Sandia Budokan on a regular basis. Students may also select the **Pay-As-You-Go Plan**, as follows: Monday and Wednesday evening classes and Saturday SOS sessions carry a **\$4 mat fee; Advanced Saturday Seminars cost \$5 per session** (for non-club members students registered in UNM classes.

****Remaining in "Good Standing", "Time Out", Lapsed Membership and Cost of Rejoining (called Re-entry Fee)**

At times students need time out for a variety of reasons. This is acceptable so long as they officially apply for **"Time Out"**. When they return to jujutsu they are required to pay a **RE-ENTRY fee of \$25.**

While on TIME OUT a student may not attend club workouts until he/she requests a change in status from TIME OUT to REGULAR STATUS. At that point the student begins to pay regular monthly dues or go on the Pay-As-You-Go Plan. TIME OUT may not extend beyond one semester. Students who take TIME OUT **lose all their previous promotion points.**

IMPORTANT NOTE: Students who successfully complete the UNM Beginner Class are not required to sign up for "TIME OUT", or pay "RE-ENTRY" fees or penalties to Sandia Budokan, if they choose NOT to continue working out. However, when they decide to formally join the club and start paying monthly dues, then Time Out and Re-Entry fees kick in, where appropriate.

Penalty for Late Dues and Cost of Rejoining

1. Monthly dues are to be paid promptly between the 1st and 10th of every month. Students who fail to pay their monthly fees by the 10th of every month, but pay no later than the end of the same month, are charged an additional late payment penalty of \$12, over and above monthly dues owed.
2. If membership is allowed to lapse for MORE than 30 days, and a student has not applied for "Time Out", then there is a "Re-entry Fee" of \$25, in addition to regular monthly dues.
3. Students whose membership lapses for MORE than 60 days, and have not requested "Time Out", or "Inactive Status" (see below), or an "Honorable Withdrawal" are permanently dropped from the **club roster and** are considered to be "Students In Bad Standing". Such students may have ALL their ranks nullified, and their "Bad Standing" status may be so indicated on the WSR website

All fees may be paid to the Treasurer, or the instructors of record.

A Brief Summary Of Fees and Penalties at Sandia Budokan

1. Students registered in UNM JJ classes..... \$25
2. Students in general.....\$35 (not registered in UNM JJ classes)
3. People with full time jobs..... \$45
4. Late payment fee..... \$12 (for those who fail to pay by the 10th of the month)
5. Time Out Fee..... **(Time Out is valid for one semester only. Re-entry fee is \$25)**
6. **Inactive Status Fee** **(Valid for up to 9 months. Re-entry fee is \$45)**

Comparative Fee Analysis

Range of monthly dues for other martial arts in Albuquerque, NM

- Aikido.....\$65-75/month
- BJJ..... \$110-120/month for Beginners. \$180/month for Advanced
- Judo..... \$60-65/month
- Ju-Jitsu..... \$80/month
- Karate..... \$60-70/month
- Wing Chun..... \$70-80/month
- Kung Fu..... \$70-80/month

HONORABLE and DISHONORABLE Withdrawal/Dismissal from WSR

Quitting Sandia Budokan and/or Wa Shin Ryu Jujutsu

Any student in Wa Shin Ryu may discontinue workouts and membership in WSR and/or Sandia Budokan at any time, and without prejudice, by simply informing Sensei (verbally, or by email or text). This is considered the **proper and honorable manner** of leaving Wa Shin Ryu. Such students will be granted an "Honorable Withdrawal" from Wa Shin Ryu. Students who simply quit without a word; who fail to respond to emails from Sensei, and who fail to sever their relationship with Sandia Budokan and/or Wa Shin Ryu Jujutsu **in a proper and honorable manner** will be viewed as "Students in Bad Standing". Such students may have ALL their ranks nullified, and their "Bad Standing" status may be so indicated on the WSR website. Such students will also be **DISHONORABLY DISMISSED** from WSR and this fact will also be indicated on the WSR website. This applies to brown and black belts only. Lower ranks (Rokkyu, Gokyu and Yonkyu) are not bound by this regulation.

Students who are Dismissed from the system may be permitted to return to Wa Shin Ryu Jujutsu depending on the severity of the problem. This applies to all WSR clubs nationwide. A Dishonorable Dismissal, however, often involves severe violations of Giri and/or Martial Maturity requirements, including showing a lack of respect to any sensei in Wa Shin Ryu Jujutsu. Such students will NOT be permitted to return to WSR Jujutsu

In summary, anyone wishing to leave Wa Shin Ryu is expected to do so **properly and honorably**, by informing their Sensei in writing (email), by texting Sensei, or by verbal communication. Students wishing to take a temporary break (up to one semester) may do so by requesting "Time Out". This carries a re-entry fee of **\$25**. The whole process is quite simple but a student must initiate such a withdrawal and take responsibility for his/her actions. A student may also select "Inactive Status" which is valid for up to 9 months. This option carries a re-entry fee of **\$45**. Typically this option is for students who wish to take a longer break from Jujutsu (than Time Out), but who intend to return at some point. **Both options involve the loss of all promotion points.**

Summary of Options, Fees and Penalties

1. Time Out (Re-entry fee of \$25. Good for one semester. Loss of all prior promotion points)
2. Inactive Status (Good for up to 9 months. Re-entry fee of \$45. Loss of all promotion points)
3. Honorable Withdrawal (Student retires from WSR. Re-entry fee of \$45 if student decides to return at a later date. Loss of all promotion points)
4. Dismissal (Re-entry fee of \$65, depending on the severity of the problem. Loss of all promotion points and possible demotion in rank)
5. Dishonorable Dismissal/Withdrawal (Re-entry is NOT permitted). Student will be stripped of all ranks in WSR Jujutsu and his/her status as a "Student in Bad Standing" will be so indicated on the WSR website.

Payment Schedule/Monthly Dues

- 1. Monthly** dues are collected by the respective instructors between the **1st and 10th of every month**. There is a **Late Payment Fee of \$12** for students who fail to pay by the 10th, but before the end of the month.
2. These dues are then turned over (**in a clearly labeled envelope**) by the instructors to Keith sensei no later than the **14th of every month**, along with the names of all students who paid, and the amount paid by each student.
3. Keith sensei then pays Sandia Budokan (rent) about the **15th of every month**.

4. Advanced Saturday Seminars

Because of limited space at Sandia Budokan, Advanced Seminars require students to sign up about FIVE days in advance. If they decide to cancel after signing up, they may do so without penalty **by 12 noon on the Friday before the scheduled Advanced Seminar**. Students who fail to cancel by Friday noon will be required to pay a **\$12 Late Cancellation Fee and the \$5 mat fee**. **Students who simply fail to show up without informing Sensei will be banned from Sandia Budokan from SIX to TWELVE weeks and charged a Misconduct Fee of \$25, and the regular mat fee of \$5. Failure to cancel in good time, and/or failure to show without notifying Sensei prevents other students from being able to sign up and attend. This is considered irresponsible behavior and a gross violation of Giri and Martial Maturity.**

NOTE: Excess/surplus amounts generated are deposited in the WSR JJ Account which is jointly held by Keith sensei and Andrew Sensei.

Liability and Accident Insurance

1. All students are required to pay **\$21** per year for insurance (**effective November 2017**) before stepping on the mat for the first time (see below for details). This fee will be collected in the first class, and each year, by the class instructors. This fee, along with a list of student names (and their age and rank), will be turned over to the Chief Instructor.

The fee includes liability and injury with aggregate coverage of \$2 million.

2. All students will also sign **a waiver of liability** in their first class. This waiver will be turned over promptly to the Club Secretary for filing. Students will sign a new waiver once a year.

3. No student will be permitted to practice if:

- (i) their insurance and/or liability waiver are not paid up, are incomplete or are out of date.
- (ii) If they haven't paid their monthly club dues

- (iii) If they are on TIME OUT, unless they switch their status to Regular Status and pay their monthly dues
- (iv) They have no gi

4. ALL black and brown belts everywhere are required to join the USJJF, Traditional Jujutsu Division. The annual fee is \$40. Students may sign up online at usjff.org.

New Students

NOTE: We are not accepting students at Sandia Budokan who have no background in jujutsu at this time, although this may change if there is demand. The issue is currently under discussion. **Students who have experience in other martial arts** such as judo, aikido, chin na, taijutsu, karate, hapkido, tang soo do, and the like, may be considered for admission to Sandia Budokan so long as they hold the equivalent rank of **Sankyu** (third brown) in their own system, and are able to demonstrate their skill level, especially ukemi, at Sandia Budokan.

New students (who hold a Sankyu or equivalent in another martial art) attending their first class MUST pay their \$21 insurance fee (**non refundable**) and sign a waiver. This will provide them with **TWO FREE WORKOUTS**. Students who wish to continue to attend classes will be charged a pro-rated monthly fee in their **third class**. This fee, along with the insurance and liability waiver, will be processed in accordance with WSR policies. After their TWO free workouts students will be **required to buy a gi. Until their first promotion in WSR Jujutsu any gi will suffice.** After their first promotion in WSR, students will be expected to buy the Wa Shin Ryu gi (black pants/white top, approx \$50-62), an appropriate color belt (\$6) and the WSR patch (\$10).

All-White Uniform

Beginners and holders of a Rokkyu, Gokyu or Yonkyu rank may wear an all-white gi. Upon achieving the rank of Sankyu they are required to wear the standard WSR uniform which consists of a white jacket and black pants. All-white gis range in price from \$39-\$49, depending on size.

Integrating New Students from UNM Classes

Students who are signed up in the Beginner UNM Jujutsu class (PENP 108) may start attending Sandia Budokan after mid-semester. **No student may work out at the club without a gi.**

Health and Safety Considerations

Zori or Sandals must be worn from the dressing room to the mat. This also applies to all students registered in UNM classes. At Sandia Budokan no street shoes may be worn past the waiting area (area in front of screen). All Health and Hygiene practices must be strictly adhered to (these are posted at Sandia Budokan), **including vacuuming after every workout.**

*****Golden Rule: "Partner Safety!"*****

Promotion Points and Jujutsu Diary

In order to test for promotion students must accumulate a number of points. These may be acquired from workouts in the **UNM classes, at Sandia Budokan**, and/or from participation in **Special Events** and/or **demonstrations**, and of course **Advanced Seminars** (1 promotion point from each).

Students are expected to keep a Jujutsu Diary (for brown and black belt ranks) indicating attendances, events and points (with dates), including personal insight and observations. This diary will be presented to the examiners at the time of testing. No student may test for promotion without a fully completed "live" Jujutsu Diary.

Students who complete the Beginning Classes at UNM are eligible to test for promotion to Rokkyu (yellow) or Gokyu (orange). Students who complete the Intermediate Class at UNM may test for Yonkyu (under the Early Promotion option of 4.5 months). **FIVE Advanced Saturday Seminars are required for Yonkyu.** See criteria on page 13 and 14.

Wa Shin Ryu Jujutsu is on a **three semester plan**; that is, fall, spring and summer. To ensure that all earned points carry over from one semester to another students are expected to work out all year round. **If students skip a whole semester they then lose ALL their accumulated points.**

A semester, including summers, is typically composed of 30 classes. To ensure that no promotion points are lost from a previous semester, students must attend approximately 80% of such classes (**attend a minimum of 24 classes/semester**). This includes summers. A student who is unable to make 80% of the workouts in a particular semester may request "Time Out", or "Inactive Status" to remain in **Good Standing** with the club. However, they lose all their previously accumulated promotion points, and re-entry fees apply.

Black and Brown Belt Promotions

Students testing for promotion to brown, and higher ranks, are required to take a **written take-home test**, an oral test and demonstrate a variety of skills and techniques before two (or more) higher ranking black belt examiners. They are also expected to work out at least **8-10 times a month and accumulate the required number of Advanced Seminars.** They must also satisfy **Giri and Martial Maturity Requirements.**

Expected Routine Workouts Per Month, by Rank Level

1. Rokkyu to Yonkyu..... Minimum of 7 workouts per month
2. Sankyū to Ikkyū..... Minimum of 8 workouts per month
3. Shodan and above..... Minimum of 10 workouts per month

Required Number of Workouts Per Month, by Rank Level, Prior To Testing for Promotion

1. Sankyu to Ikkyu..... Minimum of 8-9 workouts per month (for four previous months)
2. To Shodan and Nidan..... Minimum of 10 workouts per month (for five previous months)
3. To Sandan and Yodan..... Minimum of 11-12 workouts per month (for five previous months)
4. To Godan..... Minimum of 12 workouts per month (for six previous months).

All other promotion requirements remain unchanged.

Upon successfully concluding all promotion testing students will be promoted to an appropriate brown or black belt rank. Selected black belts (typically starting at the Nidan level) may be awarded the honor of placing the Wa Shin Ryu tattoo on their left forearm and will be issued with a **Certificate For Excellence**. The certificate identifies the virtues deemed of the highest importance in Wa Shin Ryu Jujutsu and **permits** and **requires** the candidate to place the WSR Tattoo on the left forearm.

These are:

Honor, Discipline, Responsibility, Commitment, Dedication, Resourcefulness, Loyalty and Achievement

The Wa Shin Ryu tattoo is a badge of honor bestowed upon yudansha (black belts) for exemplifying the above eight virtues of Wa Shin Ryu Jujutsu. The tattoo is an **honor** and an **award** that should be worn with pride. In particular, **Commitment** demonstrates an unwavering commitment to Wa Shin Ryu, and **Loyalty** speaks to loyalty to one's sensei. Since this recognition **is an award, no student may place the tattoo on his/her forearm before receiving the Award For Excellence.**

Recipients of the Award For Excellence are accorded a number of **rights and privileges** by the Founder, or current Soke. These include:

- (i) Membership in the **Inner Circle (Uchideshi)** of Wa Shin Ryu Jujutsu
- (ii) They have the right to participate in an advisory capacity to the Founder
- (iii) They have the right to vote on a variety of issues
- (iv) Upon satisfying all relevant requirements they may also qualify for **early promotion** in WSR Jujutsu
- (v) They are also eligible to earn higher level teaching licenses (Menkyo)
- (vi) Such recipients (with the tattoo and a Menkyo License) will also have the authority to promote in their own club (with a minimum of 10 students) without requesting validation from the Home Office (Hombu Dojo). **However, all promotions must be registered with the Home Office in Albuquerque, New Mexico.**

(vii) With the rank of at least a Rokudan they will have the right to be considered for a Menkyo Kaiden (license of complete transmissions) and may be appointed to head up a region of the USA (e.g., the Northeast), or another country where Wa Shin Ryu is taught. This position shall be known as **Head of Region or Country**.

Advanced Saturday Seminars

Students wishing to advance in Wa Shin Ryu Jujutsu are expected to attend a number of Advanced Seminars (typically every other Saturday at Sandia Budokan). In New Mexico these are offered by **Prof. Yiannakis, Sensei**. No Instructor below the rank of 4th Dan is permitted to offer an Advanced Seminar unless so approved by Sensei.

To attend an Advanced Saturday Seminar, a student must sign up approximately five days in advance. **The cap is 14 students per seminar**. The mat fee for club members is \$5. For nonmembers it's \$7 (\$5 if they are registered in a current UNM class).

Wa Shin Ryu Jujutsu Promotion Guidelines **(8-25-2017)**

- **To Rokkyu (Yellow): Minimum of 15 weeks in a beginning jujutsu course and 26 scheduled workouts**
- **To Gokyu (Orange): Minimum of 15 weeks in jujutsu and 32 scheduled workouts**
- **To Yonkyu (Green): Minimum of SIX MONTHS (Early Promotion = 4.5 months) as a system registered Gokyu, 42 scheduled workouts and 5 Advanced Sat Seminars**
- **To Sankyu (Brown): Minimum of SEVEN MONTHS (Early Promotion = 6 months) as a system registered Yonkyu, 54 scheduled workouts, ONE Special Event, 9 Advanced Saturday Seminars, Giri and Martial Maturity**
- **To Nikyu (Brown): Minimum of EIGHT MONTHS as system registered Sankyu (Early Promotion = 7 months), 64 scheduled workouts, TWO Special Events, 12 Advanced Saturday Seminars, Giri and Martial Maturity**
- **To Ikkyu (Brown with black stripe): Minimum of NINE MONTHS as a system registered Nikyu (Early Promotion = 8 months), 72 scheduled workouts, THREE Special Events, 15 Advanced Sat Seminars, Giri and Martial Maturity**
- **To Shodan (Black): Minimum of 16 months in rank as a system registered Ikkyu (Early Promotion = 12 months), a minimum of 120 scheduled**

workouts, FOUR Special Events, a minimum of 22 Advanced Saturday Seminars, Giri and Martial Maturity. For Shodan a Nine month probationary period applies

- **To Nidan (Black): Minimum of 2 years as a system registered Shodan (Early Promotion = 18 months), a minimum of 180 workouts, 4 Special Events, 32 Advanced Saturday Seminars, Giri and Martial Maturity**
- **To Sandan (Black): Minimum 3 yrs as a system registered Nidan (Early Promotion = 2.5 years), 270 workouts, 4 Special Events, 54 Advanced Saturday Seminars, Giri and Martial Maturity**
- **To Yodan (Red and Black): RENSHI: Minimum 4 yrs as a system registered Sandan (Early Promotion = 3 years), a minimum of 370 workouts, 82 Advanced Seminars, Giri and Martial Maturity and a considerable amount of teaching experience. Expected minimum age is 28 years**
- **To Godan (Red and Black): RENSHI: Minimum 5 years as a system registered Yodan (Early Promotion = 4 years), a minimum of 450 workouts and 100 Advanced Seminars, extensive teaching experience, Giri and Martial Maturity. Expected minimum age is 33 years.**
- **To Rokudan (Red and White or black belt): KYOSHI: Minimum of 6 years as a system registered Godan (Early Promotion = 5 years), 560 workouts, 128 Advanced Seminars, extensive teaching experience, national level leadership and a national reputation. Expected minimum age is 40 years.**

NOTE¹: Early promotion is also possible with the **Award For Excellence**, superior attendance, the demonstration of superior skills, knowledge of Japanese terminology, theory, and the satisfaction of Giri and Martial Maturity requirements.

In terms of promotion, every activity (Adv Sat Sems; Special Events and Demonstrations) count as 1 promotion point each.

Sandia Budokan Use Policy

1. Only licensed black belts (Club Instructors and higher) may teach at Sandia Budokan. Holders of Assistant Instructor licenses may teach under the supervision of a Licensed Club Instructor who must be present **the duration of the workout**.
2. We are authorized to use Sandia Budokan on:

Mondays: 7.15-9.15pm
Wednesdays: 7.15-9.15pm
Saturdays: 2-5.30pm.

NOTE: To ALL Students, please do not enter the dojo before 7.05pm

3. The ranking instructor will ensure that after every class the mat area and upstairs bathroom and walkways are left clean and **vacuumed**
4. The ranking instructor will ensure that all litter is picked up from the dressing room, bathroom and walkways
5. The ranking instructor will ensure that the **AC is turned off** before vacating the dojo
6. The ranking instructor will ensure that the heat is turned down to 55 degrees before vacating the dojo
7. The ranking instructor will ensure that all lights in the downstairs dressing room and the upstairs mat area are turned off before vacating the dojo
8. The ranking instructor will ensure that the small window above the entrance door is closed and secure before leaving the dojo
9. The ranking instructor will ensure that both front door locks are properly secured
10. Dojo keys may NOT be shared with, or loaned to anyone who does not possess a full Club Instructor License
11. No one may use the dojo unless a Licensed Club Instructor is present and on the mat during designated days and hours
12. ***All instructors at Sandia Budokan must be **certified in CPR/AED and possess Concussion Certification from the CDC**. A copy is turned over to the Head Instructor of the club (Sensei)
13. Instructors are required to ensure that all participants **carry liability/accident insurance from Francis Dean Ins.** Uninsured students will NOT be permitted step on the mat.

TEACHING LICENSES

Teaching Licenses (for a more detailed breakdown please consult document entitled "Teaching Licenses in Wa Shin Ryu Jujutsu" on our website)

Licensed Assistant Instructor Licenses are considered entry level teaching credentials. Such holders may teach in the dojo under the supervision of a holder of a Club Instructor License (or higher). Assistant Instructors must hold the rank of Ikkyu or Shodan.

Holders of a Club Instructor License may teach and conduct their own classes without supervision. Typically, all such individuals hold the rank of Shodan or Nidan. Such individuals are not authorized to promote unless a holder of a Menkyo Shoden, or higher, participates in the testing process. Holders of Menkyo Shoden who are Head Instructors of their own club (with 10 students or more) have the authority to promote their own students (no questions asked) and mail such promotions to the Head Office of the system for processing. However, they must submit a **Promotion Recommendation Form** for registration purposes.

Black belt holders without a Full Club Instructor License (or higher) may not teach Wa Shin Ryu Jujutsu as primary instructors at UNM, or Sandia Budokan, or anywhere else. **If they start their own club elsewhere, they may not call what they teach Wa Shin Ryu Jujutsu and may not promote their students in Wa Shin Ryu.**

Higher Level Professional Teaching Licenses

Higher level professional teaching licenses are as follows:

	<u>Expected Rank</u>
Menkyo Shoden: License of First Level Transmissions (with patch).....	Nidan/Sandan
Menkyo Chuden: License of Middle Level Transmissions (with patch).....	Yodan/Godan
Menkyo Kaiden*: License of Complete Transmissions (with patch).....	Rokudan or higher
Menkyo Kaiden Soke: Headmaster/Head of System (not the same as Ryuso) of WSR Jujutsu (with patch)	Rokudan or higher

The System Soke is typically appointed by the previous Soke. Ryuso is a System Founder.

* Menkyo Kaiden is typically awarded by the Founder or current Soke (if the Founder is deceased) to a person, or persons, who are expected to serve as Heads of Region (e.g., the Southwest). To prevent system fragmentation after the passing of the Founder there will always be one **Supreme Menkyo Kaiden** holder leading the system who is appointed to be above every other holder of a Menkyo Kaiden. This person shall be known as **Menkyo Kaiden Soke (Headmaster)**. In the absence of the Founder, or current Head of System, a Menkyo Kaiden Soke may be elected by the five highest-ranking members of the Executive Committee of Wa Shin Ryu Jujutsu.

A Word About the Spelling of, and Use of the Designation of Sensei

All black belts in Wa Shin Ryu Jujutsu shall be referred to by their students as sensei (with a small "s"). The Head of the System (or School) is also addressed as Sensei, but this is spelled with a capital "S". The term is used in the form Andrew Sensei, Martin sensei, Robert sensei, and so on.

About Giri and Martial Maturity

Giri

Giri refers to the various duties and obligations that accompany higher rank and include the demonstration of leadership, proactive behavior and support for Wa Shin Ryu Jujutsu, their Sensei and Sandia Budokan (and the UNM classes where appropriate). Advanced Students have a responsibility to set an example for the lower ranks through superior attendance, teaching, proactive behavior (taking the initiative), and the like. In particular, holders of Nikyu, or higher ranks are expected to attend classes in the fall, spring and summer, and **during breaks** (when they are not away on vacation or taking some time off). The rule is, **if you are in town live up to the responsibilities of your rank** and provide leadership, attend workouts and teach (as appropriate). In particular, black belts who have a tendency to "disappear" for the whole summer, or the whole of the Christmas Break will be defined as **Casual Practitioners** and will be treated accordingly. Further, it is considered rude and disloyal to cut off communication with one's Sensei (e.g., failing to respond to emails from Sensei) and a gross violation of GIRI Principles.

Attendance Policy for Serious Jujutsuka

Serious Jujutsuka are expected to attend workouts and/or teach classes in the Fall, Spring and Summer at Sandia Budokan and/or in the UNM classes. They are also expected to attend some workouts over the Christmas break (and other breaks), and help teach and serve as role models for the lower ranks. We of course recognize the fact that under extraordinary circumstances jujutsuka need time off. This is acceptable so long as they discuss their intentions with their Sensei and request official "Time Out".

Martial Maturity

Martial Maturity is defined in greater detail on our Wa Shin Ryu Jujutsu website and includes such attributes as keeping your word, being reliable, being responsible, practicing partner safety, being consistent in your actions, and more. Check out Martial Maturity at:

www.unm.wsrjj.org/system.html

Serious Jujutsuka and Casual Participants: A Clarification

Wa Shin Ryu Jujutsu is sufficiently flexible in terms of how a student may approach the art. Those who take the art very seriously, and use the principles of the system to live and guide their lives by (who live "The Martial Way"), are considered to be Serious Jujutsuka (Budoka). Students who view the art merely as a form of recreation (Casual Jujutsuka), and their primary goals are to stay in shape, stay healthy, have fun, and the like (all laudable goals, of course), often have lower aspirations, and their commitment and loyalty to the system and their Sensei is less strong. Some may also have other obligations and commitments which prevent them from committing, or giving back to the art. Such students are not eligible to advance beyond the rank of **Yonkyu**.

Casual Participants may work out and attend sessions whenever their schedules permit, without any penalties or sanctions from Sensei, or from other blackbelts. At the very least **Casual Participants** are expected to support the club **by paying their monthly dues regularly and promptly**.

Serious Jujutsuka, in addition to striving to live "The Martial Way", also work out frequently, attend Advanced Seminars and Special Events, provide leadership and serve as **serious role models** for the lower ranks. They step up when needed, **demonstrate proactive behavior**, frequently stay after class to help the lower ranks, and work out all year round (except when on vacation, of course!). **For Serious Jujutsuka Wa Shin Ryu is a way of life**. For demonstrating their commitment and dedication such blackbelt holders earn the privilege of receiving the **Award For Excellence**, and placing the WSR tattoo on their left forearm. Only special students are accorded such recognition. Further, Serious Jujutsuka show a high degree of commitment to Wa Shin Ryu and an unwavering loyalty to their Sensei.

Patches, Belts and Promotion Fees

System Patch: \$10

Menkyo Shoden Patch: \$12

Menkyo Chuden Patch: \$14

Menkyo Kaiden Patch: \$20

Belts

Mudansha belts: \$6

Ikkyu belts with black stripe: \$9

Yudansha Belts: \$10

Promotion Fees

Rokkyu: \$25, Gokyu: \$30, Yonkyu: \$35, Sankyu: \$40, Nikyu: \$45, Ikkyu: \$50

Shodan: \$100, Nidan: \$125, Sandan: \$150, Yodan: \$175, Godan: \$200, Rokudan: \$250

About Your WSR Head of System

Prof. Yiannakis is a Research Professor at UNM (part time), and a Professor Emeritus from the University of Connecticut. He holds an 8th Dan in Traditional Jujutsu (USJJF) and a 6th Dan in Traditional Kodokan Judo (USA-TKJ). He is also the founder (Ryuso) of Wa Shin Ryu Jujutsu, a Japanese-based combat/self defense art. Dr. Yiannakis is one of the highest ranking traditional jujutsu instructors in the US and is currently serving as the Chair of the Traditional Jujutsu Committee of the USJJF. He is also the Director of the HESS Institute of Traditional Martial Arts at UNM. At age 73 he is still actively teaching classes (and working out) at UNM, and Sandia Budokan, in Albuquerque (NM). As a Menkyo Kaiden Soke he is also in charge of two other clubs in the USA (UConn - Storrs and Illinois State - Chicago), and is responsible for guiding a number of black belts in Wa Shin Ryu Jujutsu in the USA (California, Illinois, Connecticut), Athens (Greece), and a senior former Kung Fu Laoshi student (now studying jujutsu) in the UK.

Prof. Yiannakis is also a certified (USJJF-Taiho Jutsu) Handgun Disarming Instructor. He is also the recipient of the much-coveted USJJF Presidential Award for Excellence (2017).

As the founder of Wa Shin Ryu Dr. Yiannakis is outside the rank system and does not hold rank in his own art.

Websites and Social Media For Wa Shin Ryu Jujutsu

- **UNM Jujutsu Website: www.unm.wsrjj.org/unmjj.html**
- **Facebook: <https://www.facebook.com/washinryunm>
(videos & pics)**
- **YouTube: <https://www.youtube.com/user/WaShinRyuJujutsu>
(videos)**
- **Sandia Budokan : www.sandiabudokan.org**
- **Traditional Jujutsu on the USJJF website:
<http://www.usjjf.org/traditional-jujutsu.html>**