



Wa Shin Ryu Jujutsu: Policies & Procedures

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Chair, Traditional Jujutsu Committee of the USJJF

WSR Black Belts in New Mexico

- Linda Yiannakis, 4th Dan (Menkyo Chuden)
- Martin Overfield, 2nd Dan (Licensed Club Instructor)
- Robert Baker, Ph.D., 2nd Dan (Licensed Assistant Instructor)
- Mark Fraser, 2nd Dan
- Trevor Turbov, 1st Dan (Licensed Club Instructor)
- Keith Mellor, 1st Dan (Licensed Club Instructor)
- Robert Malakhov, 1st Dan (Licensed Assistant Instructor)
- Allen Pittman, 1st Dan (Licensed Assistant Instructor)

Details Regarding Classes at Sandia Budokan

Introduction

This document explains the basic information necessary to enroll students in Wa Shin Ryu Jujutsu (WSRJJ) classes at Sandia Budokan and elaborates on certain special areas such as black belt promotions and teaching licenses. This does NOT apply to WSRJJ classes taken for credit at UNM (currently Tuesdays and Thursdays). This applies only to classes held at Sandia Budokan that are **open to both students and the general public.**

All participants must be at least 16 years of age and possess AJA insurance.

Location

All classes are held at Sandia Budokan, 2203 Silver Ave SE, Albuquerque, NM.

Class Days, Times and Instructors

Classes are held as follows:

Day	Time	Instructor	Level
Mondays	7.15-9pm	TBD	Beginners
Mondays	4:00-5.45 pm	Martin Overfield	Interm/Adv
Wednesdays	7:15-9.00 pm	TBD	Beginners
Wednesdays	4-5.45pm	Martin Overfield?	Interm/Adv
Saturdays	2.00-3.45pm	Trevor Turbov	Open rank
	(alternating Saturdays)	Andrew Yiannakis	Advanced (2-4pm)

Sandia Budokan - Club Dues

1. **Former UNM Students** (good for up to one year after graduation)
from the UNM JJ Class
(up to **12** workouts a month) **\$36/month** + \$20 annual insurance
2. **Current Interm/Adv Students**
(Yellow and up) enrolled in UNM Class
who may attend up to **12** workouts a month **\$28/month** + \$20 annual insurance
3. **Current Beginners in UNM Class (no rank)**
who wish to attend **TWO** Saturdays a month
with Trevor sensei **\$14/month** + \$20 annual insurance
4. **Beginner Students (no rank) in General** from UNM
(but not from UNM JJ class)
and other colleges/high schools in ABQ.
TWO Beginner Saturdays a month..... **\$16/month** + \$20 annual insurance
5. **NonStudent Beginners (Townies)**
TWO Beginner Sats/month with Trevor sensei..... **\$20/month** + \$20 annual insurance
6. **NonStudent Interm/Adv (Townies)**
(Sankyu or higher) in Judo, Tai Jutsu, Aikido,
Hapkido, Chin Na, Tang Soo Do and related
arts may attend up to **EIGHT Monday/Wednesday**
sessions and **TWO** Sats per month with Trevor sensei
(does not include Adv Sats with Andrew Sensei).....**\$44/month** + \$20 annual insurance
7. **Occasional Advanced Guests** (4th dan and up)
(up to **FOUR** times a month)..... **FREE** + \$20 annual insurance

8. **Family or Couples Plan**..... 1st member pays full amount and second member pays 50% + \$20 annual insurance **each**
9. **Advanced Saturday Seminars**..... Appropriate monthly fee, \$20 annual insurance and a mat fee of **\$3 per person**

NOTE: High ranking black belt **guest instructors** (e.g., 4th dan and higher) may attend up to **FOUR** workouts a month for FREE (with \$20 annual insurance). If they wish to attend on a more frequent basis they must then sign up and pay the appropriate monthly fee. Please discuss this with the Head Instructor.

Payment Schedule/Monthly Dues

1. Monthly dues are collected by the respective instructors by the **7th of every month**.

2. These dues are then be turned over (**in an envelope**) by the instructors to Keith sensei no later than the **12th of the month**, along with the names of all students who paid, and the amount paid by each student.

3. Keith Sensei then pays Sandia Budokan (rent) **between the 12th and 15th of the month**.

4. Keith Mellor Sensei distributes instructor shares **by the 15th of every month**.

The remaining funds (if any) will be divided into 12 shares and allocated to the instructors as follows (based on teaching schedule below). Only Primary Instructors will receive a stipend.

- Martin Overfield – 8 shares (for 4 Mondays and 4 Wednesdays a month)
- Trevor Turbov – 2 shares (for 2 Saturdays a month)
- Andrew Yiannakis - None

Instructor fees will be paid out after we have **TWO** months of saved rent in the bank. This will help ensure that we are able to remain at Sandia Budokan in the event we experience difficult financial times.

NOTE: Excess/surplus amounts generated will be deposited in WSR JJ Account. Should the teaching schedule change, the shares will be adjusted accordingly.

Liability and Accident Insurance

1. All students are required to pay \$20 per year insurance before stepping on the mat for the first time (see below for details). This fee will be collected in the first class and each year (when this comes due) by the class instructors. This fee, along with a list of student names (and their age and rank), will be given to **Dr. Yiannakis** promptly after collection, to be sent to the AJA. **The fee includes membership in the AJA and liability and injury coverage.**

2. All students will also sign a waiver of liability in their first class. This waiver will be turned over promptly to the Club Secretary for filing. Students will sign a new waiver once a year.
3. No student will be allowed to practice if their insurance and/or liability waiver are not paid up, are incomplete or are out of date.
4. Occasional high ranking (Yodan and higher) guest black belts from other dojos may be allowed to practice up to **4 times a month** so long as they have AJA liability insurance. If they choose to continue working on a more frequent basis then normal monthly fees apply.

New Students

New students attending their first class MUST pay their \$20 insurance fee (**non refundable**) and sign a waiver. This will provide them with **ONE FREE WORKOUT**. Students who wish to continue to attend classes will be charged a pro-rated monthly fee in their **Second Class**. This fee, along with the insurance and liability waiver will be processed as described earlier in this document. After their free workout students will be required to buy a gi. **Until their first promotion in WSR Jujutsu any gi will suffice**. After their first promotion in Wa Shin Ryu students will be expected to buy the Wa Shin Ryu gi (black pants/white top, approx \$58), an appropriate color belt (\$6) and the WSR patch (\$10).

The waiver of liability forms will be turned over to the Club Secretary for filing.

Health and Safety Considerations

Zori must be worn from the dressing room to the mat. No street shoes may be worn past the waiting area at Sandia Budokan (area in front of screen). All Health and Hygiene practices must be strictly adhered to.

Golden Rule: "Partner Safety"

Promotion Points

In order to test for promotion students must acquire a number of points. These may be acquired from workouts in the UNM class, at Sandia Budokan, and/or from participation in Special Events and/or demonstrations, and Advanced Saturday Seminars. **Students are expected to keep their own record of attendances, events and points (with dates).**

Wa Shin Ryu Jujutsu is now on a **three semester plan**; that is, fall, spring and summer. To ensure that all earned points carry over from one semester to another students are expected to work out all year round. **If students skip a semester then they lose half the points they earned the previous semester. If they skip two semesters they lose all the points they earned since their last promotion.**

A semester, including summers, is typically composed of 30 classes. To ensure that no points are lost from a previous semester students must attend approximately 70% of such classes (attend a minimum of 21 classes/semester).

Black and Brown Belt Promotions

Students testing for promotion to brown, and higher ranks, are required to take a written take-home test, an oral test and demonstrate a variety of skills and techniques before two (or more) higher ranking black belt examiners. They must also satisfy **Giri and Martial Maturity requirements**. Upon successfully concluding all promotion testing students will be promoted to an appropriate brown or black belt rank and will be required to place the Wa Shin Ryu tattoo on their left forearm (**for black belts only**). **Only WSR black belts may wear the WSR tattoo.**

All promotions to Ikkyu, Shodan, and Nidan are subject to different **probationary periods**. To convert these to regular ranks students must satisfy the following requirements **following their promotion**, as indicated below:

For Ikkyu holders: 48 workouts (within six months)

For Shodan holders: 56 workouts (within nine months)

For Nidan holders: 68 workouts (within twelve months)

Students who fail to satisfy the requirements of their probationary period **will not be permitted to keep their new rank and will also forfeit their promotion fee.**

NOTE: Students who move away may still satisfy this requirement by attending classes at another jujutsu club. If no such club exists then students may participate in any of the following martial arts below to accumulate their required number of workouts and keep their belt:

- Aikido
- Chin Na
- Hapkido
- Taijutsu
- Judo
- Tang Soo Do

Advanced Saturday Seminars

Students wishing to advance in Wa Shin Ryu Jujutsu are expected to attend a number of Advanced Saturday Seminars (typically every other Saturday at Sandia Budokan). These are offered by **Prof. Yiannakis Sensei**. These seminars are worth TWO attendance points each. To attend, you must sign up approximately one week in advance. **The cap is 16 students per seminar.**

***To Sankyu (6months minimum)**: Attend 8 Advanced Saturday Seminars (since Yonkyu)

***To Nikyu (7months minimum)**: Attend 10 Advanced Saturday Seminars (since Sankyu)

***To Ikkyu (9months minimum)**: Attend 14 Advanced Saturday Seminars (since Nikyu)

***To Shodan (1yr minimum)**: Attend 20 Advanced Saturday Seminars (since Ikkyu)

***To Nidan (2 yrs):** Attend 38 Advanced Saturday Seminars (since Shodan).

***To Sandan (3 yrs):** Attend 46 Advanced Saturday classes. Superior overall attendance, demonstration of superior skills and techniques, especially under pressure, **Giri and Martial Maturity** requirements (see below), a strong theory background, etc. are all essential requirements.

NOTE:

Advanced Saturday Seminars, Special Events and Demos carry two points each. Regular classes at UNM and Sandia Budokan carry 1 point each. Advanced Saturday Seminars may NOT be substituted with points from Special Events or Demos. However, points from Special Events and Demos count toward the total number of points required to test for promotion. You are all strongly advised to keep a complete record of your points, with dates.

Teaching Licenses

Licensed Assistant Instructor and Licensed Club Instructor licenses are considered **entry level teaching licenses**. In the former, a student may teach in a class under the supervision of a holder of a Club Instructor Certificate (or higher). Holders of Club Instructor Certificates may teach classes without supervision and run their own clubs. Typically, all such individuals hold the rank of Shodan or Nidan and have the tattoo on their left forearm. Such individuals are not authorized to promote unless a holder of a Menkyo Shoden, or higher, participates in the testing process. Holders of Menkyo Shoden who are Head Instructors of their own club (with 10 students or more) have the authority to promote their own students. However, they must submit a Promotion Recommendation Form to the Founder or current Soke of WSR for validation and the issuance of a Certificate of Promotion in Wa Shin Ryu Jujutsu.

Black belts without a teaching license may not teach as Primary Instructors at UNM or Sandia Budokan.

NOTE: All instructors must be certified in CPR and First Aid

Higher Level Professional Teaching Licenses

Higher level professional teaching licenses are as follows:

Expected Rank

Menkyo Shoden: License of First Level Transmissions (with patch).....Nidan/Sandan

Menkyo Chuden: License of Middle Level Transmissions (with patch)..Yodan/Godan

Menkyo Okuden: License of Deep Level Transmissions (with patch).....Rokudan or higher

Menkyo Kaiden*: License of Complete Transmissions (with patch)..... Shichidan or higher

* Menkyo Kaiden is typically awarded by the current Soke (Headmaster) to a person, or persons, who are expected to take over the system after the current Menkyo Kaiden holder passes away.

Higher level teaching licenses require the holder to be at least a Sandan (for Menkyo Shoden), possess at least two years of teaching experience as a Licensed Club Instructor and satisfy all other requirements (Martial Maturity, Giri, etc.)

About Giri and Martial Maturity

Giri

Giri refers to the various duties and obligations that accompany higher rank and include the demonstration of leadership, proactive behavior and support for Wa Shin Ryu Jujutsu, the Sensei and Sandia Budokan (and the UNM classes where appropriate). Advanced Students have a responsibility to set an example for the lower ranks through superior attendance, teaching, proactive behavior (taking the initiative), and the like. In particular, holders of Ikkyu or higher ranks are expected to attend classes in the fall, spring and summer, and during breaks (when they are not away on vacation or taking some time off). The rule is, **if you are in town live up to the responsibilities of your rank** and provide leadership, attend workouts and teach (as appropriate). In particular, black belts who have a tendency to "disappear" for the whole summer, or the whole of the Christmas Break will be defined as **Casual Practitioners** and will be treated accordingly.

Attendance Policy for Serious Jujutsuka

Serious Jujutsuka are expected to attend workouts and/or teach classes in the Fall, Spring and Summer at Sandia Budokan and/or in the UNM classes. They are also expected to attend some workouts over the Christmas and other breaks, help teach and serve as role models for the lower ranks. We of course recognize the fact that under extraordinary circumstances jujutsuka need more time off. This is acceptable so long as they discuss their intentions with their sensei.

Martial Maturity

Martial Maturity is defined in greater detail on our Wa Shin Ryu Jujutsu website and includes such attributes as keeping your word, being reliable, being responsible, practicing partner safety, and more. Check out Martial Maturity at:

<http://unm.wsrjj.org/system.html>

Serious Jujutsuka and Casual Practitioners: A Clarification

Wa Shin Ryu Jujutsu is sufficiently flexible in terms of how a student may approach the art. Those who take the art very seriously and use the principles of the system to live and guide their lives by (who live "The Way") are considered to be Serious Jujutsuka. Students who view the art as a form of recreation and their primary goals are to stay in shape, stay healthy, have fun, and the like (all laudable goals, of course), often have low aspirations, or have other obligations and commitments, and these prevent them from committing, or giving back to the art.

Serious Jujutsuka, in addition to striving to live "The Way", work out frequently, attend Advanced Seminars and Special Events, provide leadership and serve as **serious role models** for the lower ranks. They step up when needed, demonstrate proactive behavior, frequently stay

after class and help the lower ranks, and work out all year round (except when on vacation, of course!). **For Serious Jujutsuka Wa Shin Ryu is a way of life.** In order to fully demonstrate their commitment and dedication black belt holders also place the WSR tattoo on their left forearm.

Casual/Recreational Practitioners, on the other hand, students who are not interested in living "The Way", their dedication and commitment tend to be weak. Their attendance is often spotty and somewhat infrequent and jujutsu for them is not a priority in their life. While some may argue that Casual Practitioners are no less serious than Serious Jujutsuka, the former are not willing to make the necessary sacrifices to live The Way and advance in the system. They are also unable to adhere to the Principles of Giri and prefer to emphasize practicing for health and fitness, recreation or having fun. While this is an acceptable option, such students will **rarely advance past the rank of Nikyu** and will not be relied upon by the higher ranks and other black belts to provide leadership, or to serve as role models for the lower ranks. Casual Practitioners have other priorities and Jujutsu is not often high on their list. That is acceptable so long as they understand that their role in Wa Shin Ryu Jujutsu will be viewed as marginal and promotion, or additional responsibilities and benefits, will never be available to them. However, Casual Practitioners may continue to work out and attend sessions whenever their schedules permit, **without any penalties or sanctions** from Sensei or from other black belts. Clearly there is a place for Casual/Recreational Practitioners in Wa Shin Ryu Jujutsu so long as they are aware of the fact that promotion, recognition or advancement in the system will be closed to them.

Websites and Social Media For Wa Shin Ryu Jujutsu

- Our UNM Jujutsu Website: <http://unm.wsrjj.org/unmjj.html>
- Facebook: <https://www.facebook.com/washinryunm> (videos & pics)
- YouTube: <https://www.youtube.com/user/WaShinRyuJujutsu> (videos)