

HESS/ITMA Certificate in Martial Arts Studies (v3.5)

SPECIALIZATION: Martial Arts and Chinese Language, Philosophy and Culture

Explanation: This specialization is intended for full time undergraduate students at UNM (NOT a Minor)

(A) **Student's Major** (e.g., Languages?)..... 36 credits?

(B) **1 Independent Study** *2 credits
(to be offered at a later date)

**(Note: Student examines relationship between martial arts and Chinese Language and Culture, etc.)*

(C) **Martial Arts Activity Classes from HESS** **8 Credits**

Option I: Generalist Plan

Four activities FROM:

1. Aikido _____
2. Kung Fu _____
3. Jujutsu _____
4. Self Defense _____
5. Tai Chi _____
6. Karate _____
7. Judo _____ (Not yet available)

Option II: Specialist Plan

One activity taken four times FROM:

1. Aikido _____
2. Kung Fu _____
3. Jujutsu _____
4. Self Defense _____
5. Tai Chi _____
6. Karate _____
7. Judo _____ (Not yet available)

(D) 12 Credit hrs in Area of Specialization (prerequisites may apply)

Examples include:

CHIN 101 Elementary Chinese I

PHIL 336 [Chinese Philosophy](#)

PHIL 431 [Ch'an and Zen](#)

HIST 381 [Traditional China](#)

Total Credit Hours (student's major not included) = 20-22